



The Society for Academic Specialists in
General Obstetrics and Gynecology

SASGOG Research e-Letter

July 2026

Register Now: SASGOG 14th Annual Meeting



Cutting-edge research. Practical skill-building. The community that understands what it's like to be an academic generalist. Here's a preview of the science and scholarship waiting for you at the [SASGOG Annual Meeting](#), September 24-25, in Atlanta.

Thursday, 9/24

3:30–4:05 pm | Abstract Presentations

Moderator: Stephen Wagner, MD

- Comparative Analysis of Artificial Intelligence versus Physician-Written History of Present Illness — *Jagoda Pasternacka, BS, University of Kentucky*
- Racial Inequities in Hypertensive Disorders of Pregnancy and Medicaid Expansion in the South — *Diana Toro, MD, UT Health San Antonio*
- Sexual Dysfunction After Female Genital Mutilation: Anatomic Versus Psychosocial Correlates — *Emily Lock, BA, NYU Grossman School of Medicine*

4:05–4:50 pm | Research Plenary

Embracing Team Science and Transdisciplinary Research: A Natural Fit for Academic Specialists — *Lee Learman, MD, PhD*

Friday, 9/25

10:15–11:00 am | Concurrent Session III

How to Construct and Complete a Manuscript — *Stephen Wagner, MD; Danielle Tsevat, MD, MSCR, FACOG*

11:15 am–12:00 pm | Concurrent Session IV

Writing a High-Quality Systematic Review and Meta-Analysis — *Kristen Matteson, MD, MPH*

Register Today

Research Training Opportunities

ASRM/NICHD/DUKE Clinical Research/ Reproductive Scientist Training (CREST) Program

Deadline to apply: July 31, 2026

This training program is offered by the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD), the Clinical Research Training Program (CRTP) at Duke University, the American Society for Reproductive Medicine (ASRM), and the University of Colorado Anschutz School of Medicine. CREST meets an existing need for formalized academic training in the quantitative and methodological principles of clinical research in reproductive medicine. Designed specifically for physicians in private or academic clinical practice in reproductive medicine, this innovative 2-year program engages the practicing physician in clinical research while allowing the individual to maintain an active role in clinical practice.

Learn more and apply

UNC School of Medicine Rural OB/GYN Fellowship

The UNC School of Medicine in partnership with UNC Health Medical Group is offering a one-or two year Rural Obstetrics & Gynecology Fellowship, the first of its kind in the nation, training physician leaders to deliver exceptional women's healthcare in rural maternal health. The fellowship includes individually tailored training, robust clinical practice, connection with a rural health training community, flexibility to be a one-year or two-year program, as well as a compensation and benefits package.

Learn more

The SASGOG Research Committee has created a repository of research training programs for graduates of OB/GYN residency programs. The [Repository](#) includes research-specific training programs, as well as other academic development opportunities with a significant research component. The programs noted above have application deadlines in July 2026. If you have a relevant research program you'd like to share, please consider submitting to the Repository using the link below.

Submit to the Repository

Recent Publication by SASGOG Members

Society of Family Planning Committee Statement: Contraception and body weight.

Zwayne N, Lyman E, Ebersole A, Morse J; with the assistance of Elise Boos and Antoinette Nguyen on behalf of the Clinical Affairs Committee, and Monica Skoko Rodríguez. Society of Family Planning Committee Statement: Contraception and body weight. Contraception. 2025 Jan;141:110725. doi: 10.1016/j.contraception.2024.110725. Epub 2024 Oct 11. PMID: 39396749.

Understanding the relationship between contraception and body weight is an important clinical consideration. Body weight and size has the potential to affect fertility and the effectiveness of some contraceptive methods, although historically this association has not been applied within a person-centered context that would allow individuals to select their preferred contraceptive method. Further, individuals with higher body weights and larger sizes have unmet contraceptive care and counseling needs. This document aims to provide evidence-based, person-centered, and equity-driven recommendations that destigmatize contraceptive care across all body weights. Clinicians should: provide person-centered, unbiased contraceptive care, including counseling pregnant-capable individuals on their risk of pregnancy based on sexual practices and contraceptive use regardless of body weight or size; utilize evidence-based and person-centered contraceptive counseling to offer the full range of contraceptive methods regardless of body weight or size; counsel patients about any risks and benefits associated with body weight and size to assist in their selection of contraceptive methods, including emergency contraception; counsel individuals about the potential for weight change, particularly weight gain, associated with contraceptive methods as a possible factor in decision-making; and counsel individuals regarding the potential impact of weight management approaches, such as bariatric surgery and glucagon-like peptide 1 (GLP-1) agonists, on contraceptive efficacy.

Active Research Studies

SASGOG is happy to promote research studies to our members that are applicable to academic specialists in general obstetrics and gynecology. Below please find two active studies open to SASGOG members for participation. Please note that SASGOG is not responsible for these studies and any questions should be directed to each study's lead investigator.

Physician Experience Counseling Menopausal Patients on Nutrition

Start date: 7/1/2026 End date: 1/1/2027

Lead investigator: Dara Kissel, BS, kisseld@amc.edu

Organization: Albany Medical College

This study evaluates how frequently physicians discuss nutrition with perimenopausal and postmenopausal patients, the barriers and contexts of these discussions, providers' confidence and training in nutrition counseling, the advice provided, and referral practices to dietitians or nutritionists.

[Participate in the Study](#)

Multi-Stakeholder Survey of Practices, Equipoise, and Outcome Priorities for Oral Intake During Labor

Start date: 7/6/2026 **End date:** 8/31/2026

Lead investigator: Val Rangamy, MD, MPH, vrangasa@bidmc.harvard.edu

Organization: Beth Israel Deaconess Medical Center/ Harvard Medical School

Current guidelines restrict most laboring patients to clear liquids, yet evidence on the risks and benefits of oral intake during labor remains limited. This IRB-exempt, anonymous 10-minute survey of obstetric clinicians assesses current institutional practices, familiarity with existing professional guidelines, perceptions of clinical equipoise, and priorities among patient-centered outcomes for a planned multi-site pragmatic randomized trial comparing a standardized light diet versus clear liquids only in low-risk laboring patients with functioning neuraxial analgesia. Results will directly inform selection of the trial's primary outcome. Participation is voluntary; no identifying information is collected, and responses cannot be linked to respondents.

[Participate in the Study](#)

Share with SASGOG

Publicizing Your Active Research Studies

Do you or your institution have an active research study that is applicable to academic specialists in general obstetrics and gynecology? SASGOG is happy to promote research studies to our members. Here's what you'll need:

- Study is submitted by a Supporting Institution, or one of the study investigators is a SASGOG member.
- A copy of the approved IRB.
- A descriptive title of the study and a brief description of the study.
- A link to the study survey and a link to a website that has more information about the survey.
- The start and end date of the study survey.

[Submit Your Research Study](#)

Share Your Publication News

Do you have any peer-reviewed publications with a SASGOG member as first or senior author to report? Please share! Your submission is sure to inspire and encourage other SASGOG members!

[Share Publication News](#)

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